

## DIRECTIONS TO AWAY MEETS AND PRACTICES

### Cheshire Community Pool

From the South: 91 North to Exit 10 (Rte 40 ext).

Follow to the end heading north, take a right onto Rte 10.

Follow Rte 10 North into Cheshire.

Pool is on the right across from the High School.

From the North: 91 South to 691 West.

Take exit 3 off 691, Cheshire.

At the light at the end of the ramp, go left, heading south on Rte 10.

Follow Rte 10 South through Cheshire.

Pool is on the left across from the High School.

From 84 West to 691 East, take the Cheshire exit,

right at the end of ramp onto Rte 10 South. Follow as above.

### Connecticut College

From Hartford and points north: (MA, VT): Take I-84 East to Route 2 East to the end onto I-395

South (Exit 28S). Proceed approximately eight miles to Exit 78. Left exit on to Route 32 South.

Continue on Route 32 South about one mile. After you pass under the pedestrian bridge, turn left at the

light into the Charles B. Luce Field House / Dayton Arena Natatorium parking area.

From New York and points south: Take I-95 North to Exit 83. Make a left at the light at the end of the

exit. Go to the next light and turn right past the entrance to the US Coast Guard Academy on to Rt 32

North. Turn right at the third light. You will see a sign for the Charles B. Luce Field House / Dayton Arena Natatorium Parking area.

### East Hartford High School

I-91 Northbound - Take exit 25, Route 3. Keep to left and take Route 2 to East Hartford. Exit 5A to Main Street. Turn right at first light to Brewer Street. Turn left at 2nd light and school is about 1/2 mile on left.

From North & West - Take I-84 Eastbound. Exit Roberts St. Follow signs to Silver Lane. Turn left on Silver Lane. Turn right at Forbes St. (5th light). School will be on right about 3/4 mile.

From East - Take I-84 Westbound to I-384 East. Exit Spencer St./Silver Lane. Turn right onto Spencer (Turns into Silver Lane at town line). Turn left onto Forbes St. School will be on right about 3/4 mile.

### East Hartford Middle School

777 Burnside Ave. East Hartford, CT

I-84 E to Exit 58 Roberts Street

Left onto Roberts Street (1.4 miles)

Left onto Forbes Street (.5 miles)

Right onto Burnside Avenue (.1 miles)

Right into school parking lot

Entrance to pool at rear of parking lot

I-84 W to Exit 60 US-44 / Middle Turnpike West (2.2 miles)

Right onto Burnside Avenue (1.7 miles)

Left into school parking lot

Entrance to pool at rear of parking lot

### Important Notes:

1) There is NO PARKING in the School Service Parking Lot off of Forbes Street Violators will be Towed

2) Park in designated parking spots only, do not park in Fire Lanes Violators will be Towed

**EAST HARTFORD Odessa Terry Pool - (Long course outdoor pool)**

**I-91 North, take Exit 25 (Route 3). Take first exit after bridge (Glastonbury). Turn left at first traffic light. Turn left onto Main Street (north). Continue north on Main Street past large shopping center to first light. Turn left onto Broad Street. Broad Street becomes High Street at Naubuc Street. Continue 300 yards. Pool is on the right.**

**From Route 2 West, take Hebron Avenue exit. At exit proceed to Main Street, (Glastonbury). Turn right onto Main Street (north) and follow directions as above.**

**I-84 East or West, take exit to CT Route 2 East in East Hartford. Take High Street exit. At bottom of the ramp, turn right. Proceed onto High Street for 300 yards. Pool is on the left.**

**Enrico Fermi High School (Enfield)**

**From I-91 (North or South) - Take Exit 47E; go to the ninth stoplight. Turn left at the ninth light onto North Maple Street. Fermi is approximately one mile on the right.**

**Glastonbury High School**

**330 Hubbard St.**

**Glastonbury, CT. 06033**

**From 91 South:**

**As you approach Hartford, stay in the left lane and take the ramp to 84 East.**

**On 84 East, take exit 55 to Route 2 (Norwich/New London).**

**Take a left at the fork and take exit 7 (Route 17 - Portland).**

**Take the Hubbard St. exit off of Route 17.**

**Turn left and the school is on the right.**

**The pool is on the gymnasium complex side of the school.**

**Haddam-Killingworth High School**

**From I-91: Take exit 22 and proceed South on Route 9 to exit 9 - go south on Route 81, at first traffic light, turn right onto Little City Road, turn left into second school driveway. Pool entrance is by the large parking area.**

**From I-95: Take exit 63 and proceed North on Route 81 approximately 12 miles, turn left onto Little City Road (second traffic light after the circle at Route 80) (Ponsett Road goes to the right). Turn left into the second school driveway. Pool entrance is by the large parking area.**

**Hopkins School**

**From 15 (Wilbur Cross Parkway, Exit 59) (South, from Hartford):**

**At the end of exit ramp, turn right. Route 63 (Amity Road) and Route 69 (Litchfield Turnpike) merge to form Whalley Avenue. Approximately 3/4 of a mile from that intersection, turn right onto Route 122 (Dayton Street). After traveling one block, follow 122 through the traffic signal onto Forest Road. The Hopkins driveway is on the right immediately after the next traffic signal.**

**From Routes 34 or is (Wilbur Cross Parkway, Exit 57 (North, from NYC):**

**From Route 15, take Route 34 (Derby Turnpike) east for 2-1/2 miles; turn left onto Route 122 (Forest Road). Hopkins is on the left after approximately 1/2 mile.**

**From Route 91 or Route 95 North (New London-Hartford):**

**Exit at the Oak Street Connector-Downtown 34 (which is Exit #1 on I-91 and Exit #47 on I-95). Proceed to the end of the connector and then exit straight ahead onto the parallel Frontage Road (Rt. 34). Continue on this road about two miles until you reach the Boulevard. Take a right and get into the far left lane. At the light take a left-- all the while remaining on Rt. 34. Continue until you come to Rt. 122 (Forest Road). Take a right and Hopkins will be on the left after traveling about 1 mile.**

**From Route 95 (North, from NYC):**

**Use Exit 43 (Route 122, Campbell Avenue, West Haven); turn left at end of exit ramp. Follow Route 122 for 2 miles across both Routes 1 (Boston Post Road) and 34 (Derby Turnpike), at which point it becomes Forest Road. Hopkins is on the left.**

**Loomis Chaffee**  
**4 Batchelder Road**  
**Windsor, CT 06095**

**From Interstate-91 South: Take Exit 36. At the bottom of the ramp, go left onto Park Avenue. At the end, make another left; at the bottom of the hill, turn right onto Island Road. Go over the railroad tracks, hockey rink will be on your right. Go to the stop sign; Erickson Gym and Pool are on the left. Chaffee Gym will be on your right.**

**From I-91 North: Take Exit 36. At the bottom of the ramp, go right onto Park Avenue. Follow above directions.**

**From all Points east: Take Mass Pike toward Springfield, MA. Just before Sturbridge, MA, take Int. 84 West toward Hartford/New York. Get off at Exit 61 (Windsor - I-291) and follow for about 5 miles getting off at Exit 3 (Route 159). At bottom of Exit, take a right at traffic light. You will be on Deerfield Road. Follow Deerfield Road to the end. Take a right at traffic light. This is Route 159 north. Follow Route 159 north going through one traffic light. Go to second traffic light and take a right. This is Batchelder Road. Follow Batchelder Road onto campus. Follow signs to athletic fields.**

**From all points west / New York City: Take I-84 east to Hartford. When reaching Hartford, take I-91 north getting off at Exit 36. At bottom of Exit ramp, take a right on to Route 178 east. Follow to end and then take a left at traffic light on to Route 159 north. Follow above directions.**

**From Upstate New York: Take the Mass Pike toward Springfield, MA. On reaching Springfield, take I-91 and follow above directions form I-91 South.**

**Manchester High School**  
**134 Middle Turnpike East**  
**Manchester, CT. 06040**

**Take 91 South to exit 35A, Route 291 Manchester.**

**Stay on East 291 for 5.4 miles and take exit 5, Tolland Turnpike.**

**Go left at the light onto Tolland Turnpike.**

**After 1.5 miles the road forks. Follow the right fork onto North Main Street (Tolland continues on the left fork).**

**After about a mile, take a right at the light onto Route 83, Main Street.**

**After 0.7 miles, turn left at the light onto Middle Turnpike East.**

**After 0.5 miles, turn right onto Brookfield Street.**

**The parking lot is near the football field.**

**Newington High School**  
**605 Willard Avenue**  
**Newington, CT. 06111**

**Take 91 South past Hartford to exit 28, Newinton/Rt.5/Berlin Tpke.**

**Go 3.3 miles to Rt. 175 West/Newington (no exit number).**

**Stay on 175 through four sets of lights, about 1.5 miles to Rt. 173.**

**Turn right onto Rt. 173.**

**The school is 0.1 miles on the left.**

**Park in the lot on the left (south side).**

**The pool is in the large building on the south end of the school.**

**Platt High School**

**I-91 North or South to I-691 W to exit 4 (Route 322). Left off exit onto Route 322 (West Main Street)**

**Proceed approximately 2 miles to Centennial Avenue (just past Centennial Plaza on the right). Turn right onto Centennial Avenue. School entrance is on left after first traffic signal.**

**From Route 14 North or South to I-691 West and proceed as above.**

**From I-84 East or West to I-691 East and proceed as above.**

### **Rocky Hill High School**

**50 Chapin Avenue**

**Rocky Hill, CT 06067**

**Take 91 South to exit 24 (Route 99 - Silas Dean Highway).**

**Go south on Rt. 99 toward Rocky Hill and Middletown.**

**Turn right onto Parsonage St. just past the McDonalds on the left.**

**Take the first left onto Chapin Avenue.**

**The school is about 100 yards from the corner on the right.**

**The pool is up the stairs to the left.**

### **Southern Connecticut State University:**

**From New York: I-95, Exit 44 (Kimberly Avenue, Route 10). Turn right at the end of the exit onto Kimberly Avenue, then left at the stoplight onto Ella Grasso Boulevard, Route 10. Ella Grasso Boulevard ends at Crescent Street, near the south entrance to the campus.**

**From New York: Merritt-Wilbur Cross Parkway, Exit 59 (Whalley Avenue). Head south on Whalley Avenue, turn left onto Fitch Street, which bisects the campus.**

**From New London: I-95, Exit 45 (Ella Grasso Boulevard, Route 10). Follow Ella Grasso Boulevard north. Ella Grasso Boulevard ends at Crescent Street, near the south entrance to the campus.**

**From Hartford: Wilbur Cross Parkway, Exit 60 at Dixwell Avenue. Head south on Dixwell Avenue to Arch Street. Turn right at Arch Street and left at Fitch Street, which bisects the campus.**

### **Springfield**

**SPRINGFIELD JCC- Take 91 North to exit 49 (last exit in Connecticut) Route 5N/Longmeadow.**

**Take a right off exit and continue through a total of 8 traffic lights. You will pass Bay Path College on the right and CVS on the left. Take a right onto Converse Street (two lights past CVS). Travel approximately 1 ½ miles. Springfield Jewish Community Center is on the left. Go left into parking lot. Pool is located in the building to the right.**

### **Spring Pond Pool (Summer long course practice pool)**

**From South:**

**-91 North**

**-Take Exit 35A - (291 towards Manchester)**

**-Take Exit 4 - (South Windsor, East Hartford)**

**-At end of exit, take a left.**

**-When you see Dunkin Donuts on your left, take a RIGHT at that light onto Pleasant Valley Road.**

**-When you get to stop sign, go straight.**

**-You will see the parking lot (Veteran's Memorial Pool) on right shortly after stop sign.**

### **Suffield Academy**

**From south of Suffield: Take I-91 to Exit 38 - Poquonock. At end of ramp, turn right onto Rt. 75 North. Follow Rt. 75 North through Windsor Locks and into Suffield (about 8 miles). In the center of Suffield you will pass through two lights that are twenty yards apart. Suffield Academy is immediately on the left after the second light. The pool is at the bottom of the hill on the left.**

### **UCONN**

**University of Connecticut**

**Storrs, CT 06269**

**Take 91 South to exit 35A (291 Manchester).**

**Go 5.5 miles to 84 East (Boston).**

**Go 12.5 miles to exit 68 (Rt. 195 - UCONN), and take a right onto 195 South.**

**Go 7.3 miles on 195 South to the light at North Eagleville Rd. Storrs Congregational Church will be on the corner. Turn right onto North Eagleville Road.**

**Go 0.5 miles and on the left will be Alumni Drive past the North Garage.**

**Go past the field House to the Gample Pavilion (on the right).**

**Park in or near the Gample Pavilion Garage (on the left).**

**Walk across the street between the garage and pavilion. Go into the Natatorium Entrance which is right of the North Entrance.**

#### **Wesleyan University's Freeman Athletic Complex Pool**

**From I-91 or the Merritt Parkway, follow signs to 66 East (initially 691) and proceed approximately 15 minutes to Middletown. At Route 72, Vine Street, turn right and proceed to the end at Church St. Turn right and look for street parking. The pool is just ahead on the left hand side. Please note that parking on the street directly across from the Athletic Center will not be allowed. There is a parking lot next to the tennis courts on the side street across from the center**

#### **West Hartford Waves**

**Cornerstone Aquatics Center**

**55 Buena Vista Drive**

**West Hartford, CT 06107**

**Take 91 South to exit 32A, I-84 West.**

**From I-84, take exit 43 - Park Road/West Hartford Center.**

**Go left at the light at the bottom of the ramp.**

**Go through 3 traffic lights. The street name changes twice.**

**When the road curves to the right, bear left onto Buena Vista Dr.**

**The pool is 1/4 mile on the left.**

#### **Wethersfield High School**

**411 Wolcott Hill Road**

**Wethersfield, CT 06109**

**Take 91 South to exit 24 (Route 99 - Silas Dean Highway).**

**Go south on Rt. 99 to the 3rd light.**

**Turn right onto Church Street.**

**At the stop sign at the top of the hill, turn left onto Wolcott Hill Rd.**

**The school is 1/4 mile on the right.**

**Park in the last lot on the left near the gym and pool.**

#### **Windsor High School**

**50 Sage Park Road**

**Windsor, CT 06095**

**Take I-91 North.**

**Take the CT-178/PARK AVE exit - exit number 36.**

**Turn RIGHT onto CT-178/PARK AVE.**

**Turn LEFT onto SAGE PARK RD.**

**The school is 1/4 mile on the right.**

#### **Windsor Locks High School**

**58 South Elm Street**

**Windsor Locks, CT 06096**

**Take I-91 South to exit 42.**

**At the light take a left onto Rt. 159 North.**

**Go past the Gulf station and turn left onto South St (Charles-Ten restaurant on left).**

**At the 2nd stop sign, go straight through up hill.**

**South St. School is on the top of the hill and the pool is behind it.**

**There is no sign for the high school.**

#### **Wilton YMCA**

**Merritt Parkway from New Haven: Take exit 41(RT. 33) at end of the ramp turn left (north) onto RT. 33. Go 5.0 miles to the sixth traffic light. The Wilton Family Y is on the right, and the Wilton High School is on the left. Turn into the parking lot. Additional parking is available across the street at the high school if needed.**

**Merritt Parkway from New York: Take exit 39B. Follow the Route 7 North freeway to its end and turn right at the light. Turn left onto Rt. 7 north. Go 4.4 miles and turn right into the Y parking lot. The Wilton Family Y is on the right, and the Wilton High School is on the left. Additional parking is available across the street from the Y at the high school if needed.**

**Connecticut Turnpike I95: Take exit 15 to route 7 North. Follow Route 7 freeway to the end and turn right at the light. At the end of the road turn left onto old Route 7 and go about 3 miles to the Wilton Y as above.**

**Windsor High School, Windsor CT.**

**I-91 to Exit 36 (Rt. 178, Park Ave). Right at the end of the exit coming from the south, left if from the north. Turn left, approximately 1/2 mile, onto Sage Park Road. High School is on the right. Park by the tennis courts and enter through the second set of glass doors.**

**Yale University / Kiphuth Exhibition Pool**

**From Merritt Parkway - Take Exit 59 - turn right at end of ramp and head south on Whalley Avenue for approximately 3 miles. After you pass the Yale Coop on your left, turn left onto York Street. Turn left at first traffic light. Pool is at end of block.**

**From Connecticut Turnpike - Take Exit 47 (Downtown New Haven) - follow mini-expressway to end where it merges at Yale-New Haven Hospital=s parking garage. Turn right at light onto York Street and go to 5th stop light. Turn left - pool is at end of block.**