

Manchester Swim Club

Extended Season Programs

Extended REC Practice

Fee: \$125

Signup Deadline: 2/8/2019

February 11th - March 15th / Monday through Friday 5-6:30pm

PAYMENT DUE IN FULL AT SIGNUP

50 Swimmer Limit

Offered to REC swimmers that wish to continue practicing while our USA Swimmers train for Championships.

Junior Stroke Clinic

Fee: \$75

Deadline to secure spot: 2/15/2019

March 19th - April 5th
Tues, Thurs, Fri 6:15-7:30 Wed 5-6:30

Non-refundable \$25 deposit due by 2/15/2019
\$50 balance due by 3/15/2019

The Junior Stroke Clinic is mainly for junior swimmers. Each stroke, starts, finishes and flip-turns will be worked on. Different things will be worked on each night, so it is best to attend every practice.

OR

Senior Stroke Clinic

Fee: \$75

Deadline to secure spot: 2/15/2019

March 18th - April 5th
Mon 4:30-6:30 Tues,Thurs, Fri 4:30-6:15

Non-refundable \$25 deposit due by 2/15/2019
\$50 balance due by 3/15/2019

The Senior Stroke Clinic is for older swimmers or swimmers that have a pretty good handle on all of the strokes. Work will be done on fine-tuning strokes, turns, starts and finishes.

50 Swimmer Limit for each Stroke Clinic - USA Swimmers have priority

Spring REC Practice

Fee: \$225

Deadline to secure spot: 3/15/2019

April 8th - Last day of school at MHS
Mon through Fri 4:30-6:30

Non-refundable \$75 deposit due by 3/15/2019
\$75 payment due by 4/15/2019
\$75 balance due by 5/15/2019

The Spring Rec Practice is for swimmers that wish to continue practice through the end of May. This program is good for swimmers that want to prepare for their summer swim leagues.
Includes dry land (cross-fit).

50 Swimmer Limit for Spring REC Practice - USA Swimmers have priority

Summer Practice

Fee: \$250

(+ seasonal USA Registration)

Deadline to secure spot: 3/15/2019

June 3rd - end of LC season
Mon through Fri 4:30-6:30
while at MHS

Non-refundable \$100 deposit due by 3/15/2019 (add \$40 if not currently USA Swimming registered)
\$100 payment due by 4/15/2019
\$50 balance due by 5/15/19

The Summer Practice program is offered to swimmers that want to continue practicing through the end of July, but do not want to participate in USA Long Course meets. Participants in this program must be registered with USA Swimming, as they will be practicing alongside our USA team. If not already registered, a \$40 season membership is available with USA Swimming.

Practices move to Veteran's Memorial Pool in morning after school ends

This program DOES NOT include participation in USA LC Meets

Includes dry land (cross-fit).

Summer USA Long Course

Fee: \$500

(+ \$50 Kitty Fund Deposit)

Deadline to secure spot: 3/15/2019

April 8th - end of LC season
Mon through Fri 4:30-6:30
while at MHS

Non-refundable \$200 deposit and \$50 Kitty Fund due by 3/15/2018 (add \$40 if not currently USA Swimming registered)
\$150 payment due by 5/15/2019
\$150 balance due by 6/15/2019

Our Summer Long Course program includes practices that begin in April and go through the end of Long Course Championships (typically the end of July). This program includes participation in Long Course meets. Every participant must be registered with USA swimming. If not already registered, a \$40 seasonal membership is available with USA Swimming.
Includes dry land (cross-fit).

Practices move to Veteran's Memorial Pool in morning after school ends

Once signup deadlines have passed, programs will be open to non-members.

THERE IS NO PRACTICE APRIL 15-19 DUE TO SCHOOL VACATION

There will be no pro-rating of sessions. Each session must be signed up for in its entirety.